

GSL – YOUTH SOCCER



Local Rules for Elementary (7v7) Intermediate (B 8v8 G 7v7)

DURATION OF THE GAME:

- A. Two continuous 20 minute halves with a 5 minute half time.
- B. Two continuous 25 minute halves with a 5 minute half time.
- B. Referee game clocks will begin at designated game times. Game time is forfeit time.

START OF PLAY:

- A. Prior to commencement of game, the Referee shall conduct equipment check and coin toss.
- B. A coin toss will be conducted where the visiting team will call the flip. The winner of the flip will have the choice of the ball or goal to defend. The loser of the toss will have the choice of remaining options.
- C. Game starts by player kicking ball forward from Center Mark. The kicker cannot be the first player to re-touch the ball. Opposing team must be outside center circle until ball is played.
- D. After a score, opposing team kicks off in the same manner.
- E. At half time, teams change ends and opposite team kicks-off.
- F. A goal may not be scored directly from a kick-off (no Goalie).

METHOD OF SCORING:

- A. Ball must wholly cross goal line between goal posts.
- B. Referee should point at Center Mark to indicate a scored goal.
- C. Scores will be recorded and reported by Referee.
- D. Three attackers must be on the attack-side of field to score. Referee to use best effort to confirm number of attackers.
- E. Charging the Keeper is not allowed if hand is in contact with the ball. Players shall not kick at Keeper while catching or on ground.

OFFSIDE:

- A. Player is in offside position if nearer to goal line than both the ball and the last defender (not including the Goal Keeper). It is not a foul to be in offside position while not involved in active play.
- B. Player is not offside; while on own side of field, level (or even) with the last defender, or on a throw-in, goal kick, or corner kick.
- C. Offside foul ("indirect" free kick) occurs when a player in offside position becomes active in the play, interferes with opponent, or gains an advantage on a deflection.

FOULS AND MISCONDUCT:

- A. Fouls include hitting, kicking, tripping, jumping upon, charging, pushing, holding, handling, intentional heading (exception: Junior High League, heading is allowed) or other dangerous or non-sportsmanlike conduct. Proper sliding tackles are allowed. Intentional heading is not allowed in 10u.
- B. Deliberate ball "handling" (hand or arm) for the purpose of gaining control of the ball or preventing a score is a foul. Protecting oneself from a hard kicked ball is not a foul. Keepers cannot "handle" a pass or re-start from a teammate.
- C. Referee indicates a foul by whistle and gives direction of the free kick being awarded. Fouls should be explained to the offending player by official.
- D. On a free kick, kicker cannot be the first player to re-touch the ball. "Two touches" on a kick-off or free kick is an "indirect" foul.
- E. Players may be warned (yellow card) for unsporting behavior, dissent, repeatedly breaking rules, delaying restarts, not respecting required distances, and leaving/entering field without Referee permission.
- F. Referee may "send-off" (red card) players for serious foul play, violent conduct, spitting at others, denying an obvious goal by handling (except for Keeper) or by foul, insulting or abusive language or gestures, or by receiving two cautions in same game. Player must leave the vicinity of the game.

FREE KICKS:

- A. May be "direct" or "indirect" depending on foul called.
- B. "Indirect" foul free kick means the goal can only be scored if the ball subsequently touches another player before entering goal. Most fouls (except those called on Goalie) result in "direct" kicks.
- C. Opposing team must be at least 8 yards from spot of any free kick.
- D. Kicking team does not have to wait on Referee signal to take a free kick, but should allow opponents to quickly clear the area.
- E. If a free kick is taken within Penalty Area by Defender, ball is not in play until it leaves Area. Opponents shall be outside of Area.

PENALTY KICK:

- A. Used if Defender commits "direct" foul within own Penalty Area.
- B. Ball is placed on Penalty Mark, players stay outside of Penalty Area and behind Penalty Mark until kick is taken, kicker is identified, and Referee confirms Keeper is ready. Keeper stays on Goal Line until ball is kicked. Referee signals to start the kick.
- C. Failure to abide by Penalty Kick procedures shall result in a re-kick (if by kicking team who subsequently scored or failure by defending team or "indirect" foul (failure by kicking team)).

THROW-INS:

- A. Used when the ball is kicked out of play across a sideline. The throw-in is awarded to the team that did not touch the ball last.
- B. The throw-in to be taken where indicated by the referee.
- C. Player must have both feet in contact with the ground and behind the touchline while making the throw. Player to use both hands to deliver the ball from behind and over the head.
- D. Defenders must be 2 yards from thrower.
- E. Improper throw-in technique results in a change of possession.
- F. Thrower cannot be the first to re-touch the ball (foul).
- G. A goal may not be scored directly from a throw-in.

GOAL KICK:

- A. Used by defending team after an attacking player kicks ball out of play across goal line. Referee to indicate by pointing at goal area.
- B. The ball is placed in the defender's goal area and kicked into play.
- C. Attackers must be outside of Penalty Area. Ball is not in play until it leaves Penalty Area.
- D. A goal may be scored directly by a Goal Kick.

CORNER KICK:

- A. When a defending player kicks the ball out of play across the goal line, a corner kick is awarded to the attacking team. Referee should indicate by pointing at the corner to be used.
- B. The ball is placed on the corner arc nearest the side where it went out. Corner flag may not be moved.
- C. The defending team must be at least 8 yards from the corner arc (foul). Referee to direct players to step back if too close.
- D. A goal may be scored directly by a corner kick.

COACHES and PARENTS:

- A. No tobacco products or alcoholic beverages allowed.
- B. Coaches, parents and spectators shall respect the emphasis of the GSL Youth Soccer Program towards the development of all participants (players, referees, and coaches).
- C. Only Referees and players are allowed on the field during play.
- D. No one should be allowed to run along sidelines during play, be behind the goal lines, or be within 10 yards of goal lines.
- E. Parents and spectators should be on other side of field from coaches and players and shall not yell at or disrespect the players of a team, the coaches, the referees, or other spectators. Coaches are held responsible for parents' behavior