

# GSL – YOUTH SOCCER



## Local Rules for Rookie 6v6

### DURATION OF THE GAME:

- A. Four continuous **10 minute** quarters with substitutions at the 5 minute mark during each quarter, and at half time (5 minutes).
- B. Referee game clocks will begin at designated game times. Game time is forfeit time.

### START OF PLAY:

- A. Prior to commencement of game, the Referee shall conduct equipment check and coin toss.
- B. A coin toss will be conducted where the visiting team will call the flip. The winner of the flip will have the choice of the ball or goal to defend. The loser of the toss will have the choice of remaining options.
- C. Game starts by player kicking ball forward from Center Mark. The kicker cannot be the first player to re-touch the ball. Opposing team must be outside center circle until ball is played.
- D. After a score, opposing team kicks off in the same manner.
- E. At half time, teams change ends and opposite team kicks-off.
- F. A goal may not be scored directly from a kick-off (no Goalie).

### BALL IN AND OUT OF PLAY:

The ball is in play at all times except for:

- 1) When ball has wholly crossed a goal line or touchline.
- 2) When game has been stopped by the Referee. Referee to use best effort to stop play when there is a risk of injury due to fallen players kicking at the ball or being near active play on ball.

### METHOD OF SCORING:

- A. Goals must be scored from outside the Goal Area arc. Referee to disallow goal (goal kick restart) if attackers score from within arc.
- B. Defenders may enter Goal Area arc after ball has crossed into arc to play the ball out but cannot use hands. Defenders shall not be 'set' within Goal Area and defensive walls shall not be formed inside the arc line. Goals scored within arc by defenders (own goal) will count.
- C. **Four attackers** must be on the attack-side of field to score. Referee to use best effort to confirm number of attackers.
- D. Ball must wholly cross goal line between goal posts.
- E. Referee should point at Center Mark to indicate a scored goal.
- F. **Scores will be recorded and reported by Referee.**

### OFFSIDE:

Not used in Rookie League Play

### FOULS AND MISCONDUCT:

- A. Fouls include hitting, kicking, tripping, jumping upon, charging, pushing, holding, handling, intentional heading or other dangerous or non-sportsmanlike conduct. No sliding tackles allowed for 8 & Under. Un-Sportsman like conduct could lead to a player and coach ejection. **Intentional heading is not allowed.**
- B. Deliberate ball "handling" (hand or arm) for the purpose of gaining control of the ball or preventing a score is a foul. Protecting oneself from a hard kicked ball is not a foul.
- C. All fouls will be explained to the offending player, and a free kick is awarded to the other team at the spot of the foul.
- D. When a free kick is taken, the kicker cannot be the first player to re-touch the ball. "Two touches" on a kick-off or free kick is a foul.
- E. Players may be warned (yellow card) for unsporting behavior, dissent, repeatedly breaking rules, delaying restarts, not respecting required distances, and leaving or entering field without Referee permission.
- F. Referee may send off (red card) players for serious foul play, violent conduct, spitting at others, denying an obvious goal by handling or by foul, insulting or abusive language or gestures, or by receiving two cautions in same game.

### FREE KICKS:

- A. All free kicks in 8 & Under, 5 V 5 shall be "indirect", meaning a goal can only be scored if the ball subsequently touches another player before it enters the goal.
- B. Opposing team must be at least 5 yards from the spot of the free kick unless the spot of the free kick is too close to the Goal. The focus is on allowing players to have some reaction time to a hard kick. Referee to direct players to step back if too close.
- C. Kicker shall wait on Referee to signal the start of the free kick.
- D. No free kicks shall be taken within the Goal Area.

### PENALTY KICK:

- A. A penalty kick can be awarded for continual violation of "roaming defender" and/or "arc" rule. After second warning is issued by the referee for rule violation, a penalty kick from mid-field will be awarded to the opposing team for each subsequent violation.

### THROW-INS:

- A. Used when the ball is kicked out of play across a sideline. The throw-in is awarded to the team that did not touch the ball last.
- B. The throw-in to be taken where indicated by the referee.
- C. Player must have both feet in contact with the ground and behind the touchline while making the throw. Player to use both hands to deliver the ball from behind and over the head.
- D. Defenders must be 2 yards from thrower.
- E. **Improper throw-in technique results in change of possession.**
- F. Thrower cannot be the first to re-touch the ball (foul).
- G. A goal may not be scored directly from a throw-in.

### GOAL KICK:

- A. When an attacking player kicks the ball out of play across the goal line, a goal kick is awarded to the defending team.
- B. The goal kick shall be taken anywhere within the arc area. Any defending team player may take the kick. Ball must move forward.
- C. Attackers must be at least **6 yards** from the kick. Referees to direct players to step back if too close.
- D. A goal may not be scored directly from a goal kick (no Goalie).

### CORNER KICK:

- A. When a defending player kicks the ball out of play across the goal line, a corner kick is awarded to the attacking team. Referee should indicate by pointing at the corner to be used.
- B. The ball is placed on the corner arc nearest the side where it went out. Corner flag may not be moved.
- C. The defending team must be at least **6 yards** from the corner arc. Referee to direct players to step back if too close.
- D. A goal may be scored directly by a corner kick.

### COACHES and PARENTS:

- A. No tobacco products or alcoholic beverages allowed.
- B. Coaches, parents and spectators shall respect the emphasis of the GSL Youth Soccer Program towards the development of all participants (players, referees, and coaches). This is a **developmental, recreational league**.
- C. **Only Referees and players are allowed on the field during play.**
- D. No one should be allowed to run along sidelines during play, be behind the goal lines, or be within 10 yards of goal lines.

E. Par  
side of field from co  
disrespect the play  
or other spectators  
parents' behavior.  
F. Coaches and playe